



## 27<sup>TH</sup> ANNUAL YAMWI CONFERENCE JUNE 4-5, 2025

*"Resiliency & Renewal: Navigating Wellness in a Changing World"*  
**YANKTON HIGH SCHOOL**  
**1801 Summit Street**  
**Yankton, South Dakota**

Conference registration form is online at: [yamwi.org](http://yamwi.org)

For more information please contact:  
Yankton Area Mental Wellness, Inc.  
1028 Walnut, Yankton, SD 57078  
Email: [yamwi.org@gmail.com](mailto:yamwi.org@gmail.com)  
Telephone: 605-665-4606

### Wednesday, June 4, 2025

7:30 a.m. - 8:00 a.m. REGISTRATION AND WELCOME

Yankton High School - Auditorium Lobby

8:00 a.m. WELCOME AND INTRODUCTIONS – Auditorium

Emcee Jean Hunhoff, BSN, MSN, MHA Yankton High School

Dr. Wayne Kindle, Superintendent Yankton School District

**Wednesday, 8:15-9:30 a.m. Plenary Session 1A, YHS Auditorium**  
**"From Algorithm to Altruism: Upholding Ethical Principles in AI-Driven Mental Health Care"**

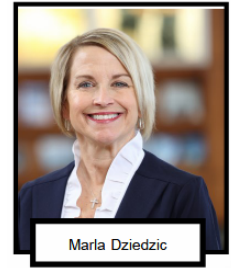
**Lee Baugh, PhD, Sanford School of Medicine**



### Wednesday, 9:45-10:45 a.m. BREAKOUT SESSION I

1. "Navigating Parenthood with Common Sense" George Summerside, BS Youth and Family Services Lewis and Clark Behavioral Health Services
2. "Emerging Issues in Today's Workplace" Chris Schmidt, J.D. Assistant Professor at the University of South Dakota Knudson School of Law
3. "SAFER SD an Overview" Kathie Albers, Bachelors in Criminal Justice, Associate Reentry Program Manager
4. "Beyond Understanding: Putting ACEs & NEAR Science into Practice" Cassie Nagel, BA Criminal Justice, Master Trainer for the SD ACEs & Resiliency Program
5. "Community Navigation and Access for All" Sarah Brandt, BS

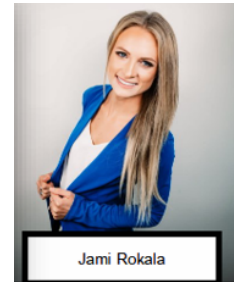
**Wednesday, 11:00-12:15 p.m. Plenary Session 1B, YHS Auditorium**  
**"Developing and Maintaining Personal Resiliency is a Key Element to Personal and Professional Fulfillment"**  
**Marla Dzedzic, BSBA, MBA, Light Program Manager at Avera Health**



**Wednesday, 12:15-1:00 p.m. Lunch & Plenary Session**  
**Table Topic: Ethical Practice with Practical Application**

This interactive session will review case based scenarios addressing contemporary issues related to ethical practice. Round table discussion promotes peer review and Implications for practical application of Professional Code of Ethics

**1:00-2:15 p.m. Plenary Session 1C, YHS Auditorium**  
**"Addressing Feeding Concerns in Children & Understanding Individualized Approaches to Nutrition Therapy"**  
**Jami Rokala, BS, MS in Nutrition with Specialization in Nutrition Education and Counseling**



**Wednesday, 2:30-3:30 p.m. Breakout Session II**

6. "The Who, What, Why of the Long-Term Care Ombudsman Program" Donna Fisher, BS in Sociology
7. "Community Collaboration-State of SD" Heather Burden, BS Psychology & Sociology, Intervention Support Specialist and Melissa Brisette, MS Occupational Therapist and Intervention Support Specialist
8. "Suicide Prevention and Postvention" Janet Kittams, MA LPC and CEO at Helpline Center; and Jordan Mouna, BA Crisis Services Program Manager Division of Behavioral Health
9. "Food & Feelings: The Intersection of Childhood Feeling Concerns" Jami Rokala, BS MS Nutrition with Specialization in Nutrition Education & Counseling
10. "AI Capabilities, Concerns, and Cautionary Notes in Psychological Classifications, Especially round Traumatic Brain Injuries" Lee Baugh, PhD, Sanford School of Medicine

**Wednesday, 3:45-5:00 p.m. Plenary Session 1D**  
**"Community Collaboration in a Changing World"**  
**Jean Hunhoff, BSN, MSN, MHA**

This session reflects on the 2025 YAMWI theme "Resiliency & Renewal: Navigating Wellness in a Changing World." Yankton is proof of the old adage "It takes a village..." and the visionary leadership and ongoing advocacy continues resulting in noteworthy local advancements. Participants will have the opportunity learn about resources, tour facilities, and be inspired as the experience the ever-changing world of healthcare and education.



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4:00 p.m. - 5:00 p.m. 1 of 4 Off-Site Previously Chosen Tours:

- A. South Dakota Human Services Center
- B. Lewis & Clark Behavioral Health Services New facility
- C. Mead Museum
- D. Trailhead Learning Center

Following tours completes the day.

Available during breaks throughout the day are  
Educational Exhibits by agencies providing mental health resources,  
Poster Presentations by Mount Marty University Students, and  
Poster Presentations by South Dakota Human Services Center,  
facilitated by HSC Life Skills Program Joyce Becker, MS, OTR/L, and Sasha Podhradsky, COTA/L.

**Thursday, June 5, 2025**

Thursday, 7:30 a.m. - 8:00 a.m. REGISTRATION (for those attending Thursday only)  
Yankton High School - Auditorium Lobby 8:00 a.m.

**Thursday, 8:15-9:30 a.m. Plenary Session 2A: YHS Auditorium**  
**“Good Formulations Lead to Good Outcomes: How to Co-Create A  
Compassionate and Coherent Formulation”**  
**Michael McGee, MD, DLFAPA, Stanford University School of Medicine,  
President of Wellmind, Inc.**

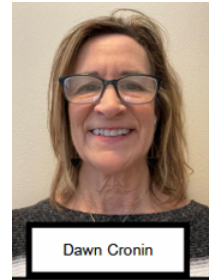
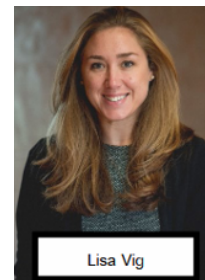


**Thursday, BREAKOUT SESSION III – 9:45-10:45 a.m.**

11. “Music as Healer: A compelling approach to music making for all” Ruth Lemay, M.M.E. 3 Strings Urban Healer
12. “Ethical Practice to Prevent Professional Liability” Dan Rafferty, J.D. USD School of Law, Office of General Counsel Avera Health
13. “ADHD in Education” Stephanie Lund, MS, NCC, LPC-MH
14. “Somatic Practices for Holistic Healing” Amy Reyes, M.S. ED/RYT500, Yoga Teacher 200+300 Hour Program
15. “Getting the Laughs You Need” David Granirer, RPC, MPCC, M.S.M.

**Thursday, 11 a.m.-12:15 p.m. Plenary Session 2B YHS Auditorium**  
**“Problem Gambling 101 and More”**

**Lisa Vig, BA, Licensed Addiction Counselor, International  
Certified Gambling Counselor BACC and Dawn Cronin, BA,  
Licensed Social Worker, International Certified Gambling  
Counselor BACC**



**Thursday, 12:15-1:00 p.m. Lunch and Plenary Session**  
**Ability Building Services, Yankton Area Arts, Creative Community Art Exhibit**

**Thursday, 2C 1:00-2:15 p.m. Plenary Session YHS Auditorium**  
**“Building Bridges, Breaking Chains”**

**Abundance Foundation Elizabeth Zetterquist, BA, Recovery  
Coach, Professional Certification Designation and Ashley  
Cleveland, Recovery Coach**



**Thursday, Breakout Session IV 2:30-3:30 p.m.**

- 16. "Music as Healer" Part 2: The Basics of 3 Strings Method" Ruth LeMay, 3-Strings Urban Educator
- 17. "Good Drug Court Care: Core Principles And Practices For Working With Justice-Involved Individuals" Michael McGee, MD, Stanford University School of Medicine, President of Wellmind Inc.
- 187. "Zeroing in on Gambler's Math, Finances and Family Impacts" Dawn Cronin, BA, Licensed Social Worker, International Certified Gambling Counselor BACC & Lisa Vig, BA, Licensed Addiction Counselor, International Certified Gambling Counselor BACC
- 19. "Effect of Sleep on Mental Health" Michael Pietila, MD, FCCP, FACP

**Thursday, 2D: 3:45-5:00 p.m. Plenary Session YHS Auditorium**

**"A Comedy Therapy Program Teaching Stand Up Comedy to People with Mental Illness or Mental Health Issues as a Way of Building Confidence and Fighting Public Stigma"**

**David Granirer, RPC, MPCC, M.S.M.**



David Granirer

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Poster Presentations by South Dakota Human Services Center,  
facilitated by HSC Life Skills Program Joyce Becker, MS, OTR/L, and Sasha Podhradsky, COTA/L.



The YAMWI Board of Directors  
**Thanks You**  
for attending the 27th Annual Conference  
and hope to see you June 3-4, 2026!