

# ***Resiliency & Renewal: Navigating Wellness in a Changing World***

***June 4-5, 2025 Conference***

will be held at

**Yankton High School!**

**Use the Main Entrance Doors near the circle drive.**

1801 Summit St.

Yankton, South Dakota

For information about Yankton, including city map, motels, restaurants, entertainment, etc., contact Yankton Thrive at 605-665-3636 or access the website: [www.yanktonsd.com](http://www.yanktonsd.com)

## **ACCESSIBILITY**

The conference site is primarily Americans with Disabilities Act accessible. Please note on your registration form as to special accommodations needed.

## **ANIMAL ATTENDANCE & SERVICE ANIMAL POLICY**

The YAMWI board established that personal animals are NOT allowed at our annual conference. This decision was based on concern for the safety and comfort of our animal friends and on our conference format. Personal animals include emotional support, comfort animals, and therapy animals, which are not defined as service animals under Title II and Title III of the ADA. Service animals are an exception to this policy. Service animals are defined and covered by Federal Law under the ADA. Service animals must be house-trained, and handlers are responsible for always cleaning up after the animal.

## **WAIVER OF LIABILITY**

All conference presenters and registrants and assistants understand that participation in any portion of the Yankton Area Mental Wellness, Inc. (YAMWI) Conference at Yankton High School is purely voluntary. Those choosing to participate hereby releases YAMWI, the YAMWI Board of Directors, Yankton School District, their successors, assigns, officers, agents, employees, and volunteers from all claims, demands, and causes of action whatsoever in any way growing out of or resulting from participation in the conference activities.



*"Caring for Self...Caring for Community"*

## **CONFERENCE GOAL**

The Yankton Area Mental Wellness logo depicts the overall conference goal. The main design resembles the sunshine, the warmth gained by caring for others, and the vitality of good health. The rays indicate how mental wellness adds brightness all around. The bold print reminds us that "wellness" is the core of this conference. The word "conference" at the bottom of the logo denotes that this training will provide a strong foundation for caregivers and professionals. The spacing of the letters indicates that there is room for everyone to support this event and a need for everyone to care about mental wellness.

## **2025 MENTAL WELLNESS CONFERENCE OBJECTIVES**

*Conference participants will:*

1. Explore different therapeutic interventions and therapeutic techniques.
2. Explore contemporary theory, research, and practice for working with people.
3. Examine the impact trauma and crisis events have on individuals.
4. Examine factors that impact ethical therapy practice.
5. Identify behaviors that may indicate chemical dependency or mental illness as experts explore the latest findings concerning intervention and treatment.
6. Address the issues involved in the practice of working with people with physical and/or mental health needs.
7. Examine the status of all generations in society, their pressures of life, and how professionals can support them.
8. Describe new methods of **"CARING FOR SELF ... CARING FOR COMMUNITY"**
9. Incorporate the 2025 conference theme: **"Resiliency & Renewal: Navigating Wellness in a Changing World"**

## **PROFESSIONAL CREDIT FOR THIS CONFERENCE:**

**It is the responsibility of each participant to ensure that professional credit meets the criteria for their discipline. Professional credit applications for this conference have been submitted to the following:**

- Board of Examiners for Nursing Home Administrators in SD
- Certification Board of Addiction and Prevention Professionals
- SD Board of Counselor Examiners – Ethics hours requested.
- Social Work – Ethics hours requested.
- SD Department of Social Services Childcare Services
- SD Board of Medical & Osteopathic Examiners – Emergency Medical Technicians
- Credits for Licensed Nutritionists / Dietitians
- Commission on Rehabilitation Counselor Certification (CRCC) – Ethics hours requested.
- Continuing Education Units through the SD State Department of Education

**Graduate Credit through Mount Marty University: 1 credit @ \$50.00 (in addition to conference registration fee). Register upon arrival at the conference or contact [lilcoln@mountmarty.edu](mailto:lilcoln@mountmarty.edu) if you have any questions.**

**if**



**Printable Registration Form**  
 (Registration form is also online at: [www.yamwi.org](http://www.yamwi.org))  
**Yankton Area Mental Wellness Conference**  
 “Resiliency and Renewal: Navigating Wellness in a Changing World”  
 Wednesday, June 4<sup>th</sup> – Thursday, June 5<sup>th</sup>, 2025

**\*REQUIRED INFORMATION**

\*First Name: \_\_\_\_\_ \*Last Name: \_\_\_\_\_  
 Organization: \_\_\_\_\_ Title/Position: \_\_\_\_\_  
 \*Phone #: \_\_\_\_\_ \*Email Address: \_\_\_\_\_  
 \*Address: \_\_\_\_\_ \*City, State, Zip: \_\_\_\_\_

**BREAKOUT SESSION PREFERENCES**

**As a courtesy to our Conference Presenters, Participants will be expected to attend the session for which they pre-registered. Participants will receive a copy of their Final Conference Itinerary upon registration check-in.**

- BREAKOUT SESSION I, Wed. 9:45-10:45am Please select your 1<sup>st</sup> & 2<sup>nd</sup> preferences:** \*1<sup>st</sup> preference: \_\_\_\_\_ \*2<sup>nd</sup> preference: \_\_\_\_\_
- "Navigating Parenthood with Common Sense" George Summerside, BS Youth and Family Services Lewis and Clark Behavioral Health Services.
  - "Emerging Issues in Today's Workplace" Chris Schmidt, J.D. Assistant Professor at the University of South Dakota Knudson School of Law.
  - "SAFER SD an Overview" Kathie Albers, Bachelors in Criminal Justice, Associate Reentry Program Manager.
  - "Beyond Understanding: Putting ACEs & NEAR Science into Practice" Cassie Nagel, BA Criminal Justice, Master Trainer for the SD ACEs & Resiliency Program.
  - "Community Navigation and Access for All" Sara Brandt, BS.

- BREAKOUT SESSION II, Wed. 2:30-3:30pm Please select your 1<sup>st</sup> & 2<sup>nd</sup> preferences:** \*1<sup>st</sup> preference: \_\_\_\_\_ \*2<sup>nd</sup> preference: \_\_\_\_\_
- "The Who, What, Why of the Long-Term Care Ombudsman Program" Donna Fisher, BS in Sociology.
  - "Community Collaboration-State of SD" Heather Burden, BS Psychology & Sociology; Intervention Support Specialist Melissa Brisette, Occupational Therapist and Intervention Support Specialist.
  - "Suicide Prevention and Postvention" Janet Kittams, MA LPC-CEO at Helpline Center; Jordan Mounga, BA-Crisis Services Program Manager Division of Behavioral Health.
  - "Food and Feelings: The Intersection of Childhood Feelings and Concerns" Jami Rokala, BS, MS Nutrition with Specialization in Nutrition & Counseling.
  - "AI Capabilities, concerns, and cautionary notes in psychological classification, especially around traumatic brain injuries" Lee Baugh PhD

**PLENARY SESSION Wed, 3:45-5:00pm Please select your 1<sup>st</sup> & 2<sup>nd</sup> preferences:** \*1<sup>st</sup> preference: \_\_\_\_\_ \*2<sup>nd</sup> preference: \_\_\_\_\_  
 "Community Collaboration in a Changing World" Jean Hunhoff, BSN, MNS, MHA  
 This session reflects on the 2025 YAMWI theme "Resiliency & Renewal: Navigating Wellness in a Changing World." Yankton is proof of the adage, "It takes a village..." and the visionary leadership and ongoing advocacy continues resulting in noteworthy local advancements. Participants will have the opportunity to learn about resources, tour facilities, and be inspired as they experience the ever-changing world of healthcare and education.

**Please Choose a Tour:**

- South Dakota Human Services Center \_\_\_\_\_
- Lewis & Clark Behavioral Health Services New facility \_\_\_\_\_
- Mead Museum \_\_\_\_\_
- Trailhead Learning Center \_\_\_\_\_

- BREAKOUT SESSION III, Thurs. 9:45-10:45am Please select your 1<sup>st</sup> & 2<sup>nd</sup> preferences:** \*1<sup>st</sup> preference: \_\_\_\_\_ \*2<sup>nd</sup> preference: \_\_\_\_\_
- "Music as Healer: A compelling approach to music making for all" Ruth Lemay, M.M.E., 3 Strings Urban Healer.
  - "Ethical Practice to Prevent Professional Liability" Dan Rafferty, J.D. USD School of Law, Office of General Counsel Avera Health.
  - "ADHD in Education" Stephanie Lund, MS, NCC, LPC-MH.
  - "Somatic Practices for Holistic Healing" Amy Reyes, M.S. ED/RYT500, Yoga Teacher 200+300 Hour Program.
  - "Getting the Laughs you Need" David Granirer, RPC, MPCC, M.S.M.

- BREAKOUT SESSION IV, Thurs. 2:30-3:30pm Please select your 1<sup>st</sup> & 2<sup>nd</sup> preferences:** \*1<sup>st</sup> preference: \_\_\_\_\_ \*2<sup>nd</sup> preference: \_\_\_\_\_
- "Music as Healer" Part 2: The Basics of 3 Strings Method- Ruth LeMay, 3-Strings Urban Educator.
  - "Good Drug Court Care: core principles and practices for working with justice-involved Individuals" -Michael McGee, MD, Stanford University School of Medicine, President of Wellmind Inc.
  - "Zeroing in on Gambler's Math, Finances and Family Impacts"- Dawn Cronin, BA, Licensed Social Worker, International Certified Gambling Counselor BACC Lisa Vig, BA, Licensed Addiction Counselor, International Certified Gambling Counselor BACC.
  - "Effect of Sleep on Mental Health" Michael Pietila, MD, FCCP, FACP.

**Meals-provided by some conference sponsors**

\*Lunch, Wednesday, June 4<sup>th</sup>

- I will **not** be able to attend.
- I will **attend and eat Sponsor Provided LUNCH.**

\*Lunch, Thursday, June 5<sup>th</sup>

- I will **not** be able to attend.
- I will **attend and eat Sponsor Provided LUNCH.**

*Please note any dietary requests, we will attempt to honor, but not guaranteed:*

**CONFERENCE REGISTRATION FEES:**

**2-Day: \$225.00 (Received after June 1st: \$250.00)**

**1-Day: \$200.00 (Received after June 1st: \$225.00)**

**\*Full-Time Student Registration Fees are half-off these rates\***

**MAIL SIGNED WAIVER OF LIABILITY AND COMPLETED REGISTRATION FORM TO:**

**Yankton Area Mental Wellness Inc: 1028 Walnut, Yankton, SD 57078**

**Graduate Credit**

**Yes \_\_\_ No \_\_\_ I am requesting Graduate Credit through Mount Marty University (*conference registration fee due now / plus an additional \$50 fee payable to MMU upon arrival at the conference*).**

**Waiver of Liability**

The undersigned hereby acknowledges that he/she/they understand that participation in any portion of the Yankton Area Mental Wellness, Inc. (YAMWI) Conference at Yankton High School is purely voluntary. The undersigned hereby releases YAMWI, the YAMWI Board of Directors, Yankton School District, their successors, assigns, officers, agents, employees, and volunteers from any and all claims, demands, and causes of action whatsoever in any way growing out of or resulting from the undersigned's participation in the conference activities.

Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Accessibility**

The conference site is primarily Americans with Disabilities Act accessible. Please list here special needs for accommodations: \_\_\_\_\_

**Accommodation Statement**

If you have a disability and need an accommodation to attend this event, please **contact Nancy Teachout, YAMWI Executive Director**, at least 2 weeks prior to the event. Email: [yamwi.org@gmail.com](mailto:yamwi.org@gmail.com). If you have questions, please call 605-665-4606 and ask for Nancy Teachout.

On behalf of the YAMWI Board of Directors,

Thank You, for your attendance, support, willingness to learn, grow, and share your gifts!